



From pond to podium, we envision a sport where all ages, whether you are 5 or 75, can experience the thrill of speed and the camaraderie of the skating community. You are possible and if you are willing to put in the work, we will help you set goals and excel to the next level

Coaches

Dan "Sarge" Greene – Long Track and Short Track

Phone: 608-347-1876, Email: dgreene@uskatefaster.com

- 2019 Team USA's Volunteer Coach of the Year
- Level 2 certified US Speedskating Coach
 - In- Progress to obtain Level 3
- Fitchburg Youth Baseball and Football Coach
- Head Coach of 2003 WI U-19 Select side Rugby team – National Champions
- Head Coach of the (2011 WI DII champions) Madison Westside Rugby Club from 2006-2011.
- Former National Developmental Team Member
- 4-time National Champion (2 ST and 2 LT)

Mary Murphy –Power Skating, Endurance, and Short Track

Phone: 608-400-6257 Email: mary.elizabeth.murphy.mar@gmail.com

- 2021 Team USA's Volunteer Coach of the Year
- Level 2 certified US Speedskating Coach
 - In-Progress to obtain Level 3
- 10+ Years Youth and Leadership Development and Training
- Former Goal Tender @ Buffalo State College, NY
- 2-Time National Champion (1 ST and 1 LT)

Payment: Check payable to MSSC Inc. *MSSC Inc will receive 5% proceeds

Coaching Fees	Costs	Multiple Coaches
Private session 1HR	\$55	\$75
Monthly Workout plan (Coach Greene)	\$55	
Monthly Nutritional Plan (Coach Murphy)	\$55	
Monthly Plan (5)+ individual sessions – this includes the Workout Plan and Meal Plan	\$325	

Travel Reimbursement	One Coach	Multiple Coaches
Airfare	100%	50%
Rental Car	100%	50%
Protest Fee reimbursement	100%	100%
Food	Coaches Cover	Coaches Cover

Ice Costs	Skaters' responsibility	
Long Track	100%	
Drop-in fees (Rinks outside of Club Ice)	100%	

Equipment Maintenance	Coach(es)	Cost to repair
Skate/ Sharpen/Repair	N/A	\$35
Rock	N/A	We will get you pricing
Bend	N/A	We will get you pricing